

# HOW'S YOUR MUSCLE MEMORY?



- 1. Take out the trash.**
- 2. Buckle my seat belt.**
- 3. When an earthquake happens,  
Drop, Cover, and Hold.**
- 4. Pray without ceasing.**
- 5. Be kind to others.**
- 6. Do my best to present myself to  
GOD as one approved.**

# Order of Worship

Songleader -  
Steve B./ Duane M.  
Welcome & Announcements  
Opening Prayer

Song # 496 -  
O Listen to the Wondrous Story  
(SB)

Song # 527 - He Touched Me (SB)

Lord's Supper  
Contribution

Kids 4 Kids (SB)  
Bible Hour

Prayer Requests

Song # 354 -  
I Gave My Life For Thee (DM)

Scripture Reading-  
James 1:19-22

**Sermon by: Strech Suba**

"How's Your Muscle  
Memory?"

Song of Invitation:  
Song # 288 -  
Fairest Lord Jesus (DM)

Song # 287 -  
There Is a Redeemer (DM)

Closing Prayer

## This Week's

### Schedule of Events

\*\* (In person & Zoom)

Building Lock Up: Tony Rose



**\*\*9:00 a.m. - Bible Class**



**Study of Hebrews!**

**\*\*10:00 a.m. -  
Sunday Worship**

\*\*10:00 a.m. - En Linea Servicio de  
Adoracion (via Facebook Live)



## POTLUCK

Following this  
morning service.



**FOOD  
FAMILY  
FELLOWSHIP**

**Apple Valley Acute Center  
with Johnny Latham.  
Today at 3:30 p.m.**



**Mon., Mar. 17, 2025**

**7 p.m. - Spanish  
Night of Prayer (Zoom)**



**Wed., Mar. 19, 2025**



**7 p.m. Bible Study  
on Zoom**

**7 p.m. - En Linea Clase Biblica**

**Thurs., Mar. 20, 2025**

**5 p.m. - 6 p.m.  
Zoom Ladies'  
Bible Study**



# MARCH This Week's Birthdays



19th - Gordon Irons  
21st - Brenda Strange

## Missed Last Week



13th - Kalia Crymes  
13th - Kayley Eickmeyer  
13th - Lynda Hearn  
15th - Cy Hante' Brewster

## Wedding Shower

Join us next Sunday, following the morning service, for our sister in Christ, Hannah Cimuchowski.

## Area Wide Singing



March 30th from 2-3:30 p.m.

Join the Adelanto COC for fellowship and singing.

## SAVE THE DATES:

Please check the Community Board for additional events.

VVCOC Church Picnic  
Sunday, April 6th from 12-2 p.m.

Community Clean-Up  
Saturday April 12th @ 9 a.m.

Sign up before March 27th to receive a shirt.

## Prayer Requests



Please pray for our church leaders; our congregation; the homeless, and the veterans. Also for our country's leaders, our troops; and the future of our country.

### Shut-Ins

Barbara Tidwell; Eddie Smith; Mattie McCarthy; Sandy Wooten; and Shirley Fales.

### Continual Prayers

Anthony Avalos; Anthony Hale Jr.; Charlie & LaVonne Powell; Christina Wityczak; Felicia Ganaway; Gennie Lorenz; Hosia Ford; Ida Crawford; Kathy Najera; Marie Guess; and Melanie Gammage.

### General

Carl Washington and the congregation.

### Health

Ana Najera's sister-in-law and my brother, Javier; Barbara Tidwell; Eva Wityczak; Jeff Najera; Orvella Stallings; Renee Morris; and Teddy Jordan.

### Thanksgiving

The McClellan's; and our new brother in Christ, Keneth Lindsey.

### Traveling

Brenda Strange and Mariah McClellan.

### For Their Losses

Prayers for the Morris family.



# Victor Valley Church of Christ

**Physical Address:** 13150 Sycamore Street, Victorville, CA 92392

**Mailing Address:** P.O. Box 3447 Victorville, CA 92393

**Phone:** 760-949-3386 [office@vvchurchofchrist.org](mailto:office@vvchurchofchrist.org)

**Zoom with us at the [vvchurchofchrist.org](http://vvchurchofchrist.org) website**  
or join by-Phone: 253-215-8782 Meeting ID 428 886 053# Participant ID: #

**Elders** - [elders@vvchurchofchrist.org](mailto:elders@vvchurchofchrist.org)

Darryl Darden Tony Rose Jake Tess

**Ministers** - [eric.cimuchowski@vvchurchofchrist.org](mailto:eric.cimuchowski@vvchurchofchrist.org)

Eric Cimuchowski - Involvement Minister

Darryl Darden - Pulpit Minister

Carlos Orrala - Spanish Minister

## Deacons

**Benjamin Lopez** - Spanish Ministry

**Craig Beck** - Security

**TBA** - Benevolence

**TBA** - Greeters & Ushers

**Chris Schow** - Interior Bldg. Maint.

**TBA** - Men's Ministry, Disaster Relief

**Mark Gruwell** - Teens

## Ministries & Coordinators

### Audio Visual/Zoom

Jake Tess & Tim Gramling

### AVPAC/Lucerne Valley

Johnny Latham

### Building Décor

Tonja Patton

### Calling Ministry

Eva Wityczak

### Call Out Ministry

M. Basnight; E. Cimuchowski;  
T. Rose; & S. Suba

### Song Leading, Singing

Jeremiah Darden

### Children's Bible Hour

Claudia Beck &  
Ga' Brielle Darden

### Grief Support

Strech Suba

### Historian

Kasie Schow

### Kitchen

Pauletta Hobson

### Ladies' Ministry

Kim Cimuchowski

### Military

Pauletta Hobson &  
Leisa Brewster

### Bulletin Mailouts

Darlene Yingling

### Worship Coordinator

Jeff Najera

### Savior's Kids

Jake & Danelle Tess

### Teacher's Workroom

Nina Suffon

### Youth Group

Mark & Renee Gruwell

## Staff

Bernadett Gramling - Office Manager

Erica Lee - Bookkeeper

Andrea Gómez - Janitorial

Billy Caldwell - Auditorium Seating

## Last Week's Statistics

### Financial

Contribution 3/09/25	\$	5,327.81	Teen Fund	\$	5,146.96
Contribution 3/02/25	\$	3,948.94	Mission Fund	\$	2,695.82
Special Contributions	\$	878.00	Scholarship Fund	\$	1,641.09
Y.T.D. Contribution	\$	153,096.00	Kids 4 Kids	\$	113.00

### Attendance

A.M. Worship

In Person

133

Via Zoom 24